

# 5<sup>a</sup> Carrera Popular

MIRA 2017

**DOMINGO 8**  
de enero

A partir de las  
**16:30**  
La categoría absoluta

Al terminar,  
**PRUEBAS  
INFANTILES**

Inscripción simbólica de

**1€**

a beneficio de  
**CEAFA**

(Confederación Española de Asociaciones  
de Familiares de Personas  
con Alzheimer y otras Demencias)  
a la recogida del dorsal



Trofeos al mejor  
**DISFRAZ ADULTO**  
**DISFRAZ INFANTIL**



Al final del evento,  
**CHOCOLATADA**  
PARA TODOS LOS ASISTENTES



Inscripciones: [www.dorsal1.es](http://www.dorsal1.es)

+ info: [mtbmira.blogspot.com](http://mtbmira.blogspot.com) y [mira.es](http://mira.es)

Organizan

Colaboran

Diseño  
**BSM**



COMISIÓN DE FIESTAS  
'POZO MORTERO'



655 626 074 - 691 203 617



INFO@DORSAL1.ES



WWW.DORSAL1.ES



# 5ª Carrera Popular MIRA



CRONOMETRA

[www.dorsal1.es](http://www.dorsal1.es)

| Posición | Dorsal | Nombre                        | Club           | Categoría  | Pos. Cat. Local | P V1 | 1ª Vuelta | P V2    | 2ª Vuelta | T. Real | Tiempo Oficial | Diferencia | Ritmo   |             |
|----------|--------|-------------------------------|----------------|------------|-----------------|------|-----------|---------|-----------|---------|----------------|------------|---------|-------------|
| 1        | 210    | EXPOSITO, ALFONSO             | MTB MIRA       | ABS. MASC. | 1               | SI   | 1         | 9:42.7  | 1         | 10:34.3 | 20:17.1        | 20:17,1    | -       | 3:01 min/km |
| 2        | 201    | MATALLIN CORTES, ISMAEL       | C.T. TRIMAGRO  | ABS. MASC. | 2               | SI   | 2         | 10:11.1 | 2         | 11:02.2 | 21:13.3        | 21:13,3    | 03:49,2 | 3:10 min/km |
| 3        | 215    | ESTEBAN, MIGUEL               | C.A. UTIEL     | ABS. MASC. | 3               | NO   | 3         | 10:56.6 | 3         | 11:43.8 | 22:40.4        | 22:40,7    | 05:16,6 | 3:23 min/km |
| 4        | 217    | REDONDO ALARCON, MIGUEL ANGEL | MTB MIRA       | ABS. MASC. | 4               | NO   | 4         | 11:33.2 | 4         | 12:15.6 | 23:48.9        | 23:49,0    | 06:24,9 | 3:33 min/km |
| 5        | 225    | ALVAREZ URES, SANTIAGO        | C.A. UTIEL     | ABS. MASC. | 5               | NO   | 5         | 14:13.3 | 5         | 14:42.7 | 28:56.0        | 28:57,8    | 11:33,7 | 4:19 min/km |
| 6        | 211    | MOYA CARDO, ALBERTO           | INDEPENDIENTE  | ABS. MASC. | 6               | NO   | 7         | 14:19.4 | 7         | 15:05.3 | 29:24.7        | 29:24,7    | 12:00,6 | 4:23 min/km |
| 7        | 212    | MARTINEZ PARREÑO, VICTOR      | MTB MIRA       | ABS. MASC. | 7               | SI   | 8         | 14:19.8 | 6         | 15:04.9 | 29:24.8        | 29:24,8    | 12:00,7 | 4:23 min/km |
| 8        | 229    | ATIENZA ALVAREZ, JAVIER       | INDEPENDIENTE  | ABS. MASC. | 8               | NO   | 6         | 14:13.8 | 11        | 15:55.8 | 30:09.6        | 30:10,6    | 12:46,5 | 4:30 min/km |
| 9        | 202    | BAUTISTA, FRANCISCO           | INDEPENDIENTE  | ABS. MASC. | 9               | NO   | 9         | 14:54.7 | 8         | 15:37.7 | 30:32.4        | 30:33,2    | 13:09,1 | 4:33 min/km |
| 10       | 206    | RODRIGUEZ, EVA                | INDEPENDIENTE  | ABS. FEM   | 1               | NO   | 10        | 15:05.8 | 9         | 15:46.8 | 30:52.7        | 30:53,2    | 13:29,1 | 4:37 min/km |
| 11       | 214    | SAEZ SANCHEZ, AMPARO          | C.A. UTIEL     | ABS. FEM   | 2               | NO   | 12        | 15:26.8 | 10        | 15:48.2 | 31:15.0        | 31:15,8    | 13:51,7 | 4:40 min/km |
| 12       | 213    | PALOMARES ORTIZ, SANDRA       | MTB MIRA       | ABS. FEM   | 3               | SI   | 13        | 15:40.9 | 18        | 17:45.6 | 33:26.6        | 33:27,4    | 16:03,3 | 4:60 min/km |
| 13       | 230    | PALOMARES CUENCA, HUGO        | MIRA           | ABS. MASC. | 10              | SI   | 14        | 15:49.1 | 22        | 18:58.2 | 34:47.4        | 34:48,8    | 17:24,7 | 5:11 min/km |
| 14       | 209    | JIMENEZ PEREZ, SONIA          | MIRA           | ABS. FEM   | 4               | SI   | 15        | 17:02.3 | 19        | 17:50.2 | 34:52.5        | 34:54,1    | 17:30,0 | 5:13 min/km |
| 15       | 228    | ATIENZA ALVAREZ, BEATRIZ      | INDEPENDIENTE  | ABS. FEM   | 5               | NO   | 17        | 17:25.8 | 20        | 18:24.0 | 35:49.8        | 35:50,7    | 18:26,6 | 5:21 min/km |
| 16       | 227    | ALVAREZ URES, ALEJANDRO       | INDEPENDIENTE  | ABS. MASC. | 11              | NO   | 16        | 17:25.6 | 21        | 18:24.5 | 35:50.1        | 35:51,3    | 18:27,2 | 5:21 min/km |
| 17       | 222    | MOYA SILLA, EVA MARIA         | AEROBICAS MIRA | ABS. FEM   | 6               | SI   | 18        | 17:40.8 | 23        | 19:07.3 | 36:48.2        | 36:50,5    | 19:26,4 | 5:29 min/km |
| 18       | 208    | PERIS MARTINEZ, DAVID         | MIRA           | ABS. MASC. | 12              | SI   | 11        | 15:14.6 | 24        | 23:00.5 | 38:15.2        | 38:15,7    | 20:51,6 | 5:42 min/km |
| 19       | 207    | CEPOY, ALIN                   | MIRA           | ABS. MASC. | 13              | SI   | 20        | 19:42.7 | 26        | 24:16.5 | 43:59.2        | 44:00,4    | 26:36,3 | 6:34 min/km |
| 20       | 220    | SAIZ SANCHEZ, NATALIA         | INDEPENDIENTE  | ABS. FEM   | 7               | NO   | 23        | 27:33.0 | 12        | 16:30.0 | 44:03.0        | 44:05,0    | 26:40,9 | 6:35 min/km |

**CLASIFICACIONES**

ORGANIZAN

**COMISIÓN DE FIESTAS**  
**"POZO MORTERO"**



COLABORAN





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CRONOMETRA



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| Posición | Dorsal | Nombre                     | Club           | Categoría  | Pos. Cat. | Local | P V1 | 1ª Vuelta | P V2 | 2ª Vuelta | T. Real | Tiempo Oficial | Diferencia | Ritmo       |
|----------|--------|----------------------------|----------------|------------|-----------|-------|------|-----------|------|-----------|---------|----------------|------------|-------------|
| 21       | 221    | RUIZ SAIZ, KATIA           | INDEPENDIENTE  | ABS. FEM   | 8         | NO    | 24   | 27:33.2   | 14   | 16:30.1   | 44:03.3 | 44:05,3        | 26:41,2    | 6:35 min/km |
| 22       | 219    | SANCHEZ, AMPARO            | MIRA           | ABS. FEM   | 9         | SI    | 25   | 27:34.1   | 16   | 16:30.9   | 44:05.1 | 44:07,3        | 26:43,2    | 6:35 min/km |
| 23       | 218    | SAIZ PEREZ, MILAGROS       | MIRA           | ABS. FEM   | 10        | SI    | 22   | 27:31.4   | 17   | 16:31.3   | 44:02.7 | 44:07,8        | 26:43,7    | 6:35 min/km |
| 24       | 232    | DOMINGUEZ PALOMARES, CLARA | MIRA           | ABS. FEM   | 11        | NO    | 26   | 27:35.0   | 15   | 16:30.7   | 44:05.8 | 44:07,9        | 26:43,8    | 6:35 min/km |
| 25       | 216    | TUREGANO, MARIASOL         | AEROBICAS MIRA | ABS. FEM   | 12        | SI    | 27   | 27:35.1   | 13   | 16:30.0   | 44:05.1 | 44:08,0        | 26:43,9    | 6:35 min/km |
| 26       | 231    | JIMENEZ LAVA, LIDIA        | MIRA           | ABS. FEM   | 13        | NO    | 19   | 19:39.1   | 27   | 25:50.8   | 45:29.9 | 45:31,1        | 28:07,0    | 6:48 min/km |
| 27       | 226    | ALVEROLA ASENSIO, ALEX     | ALGEMESI       | ABS. MASC. | 14        | NO    | 21   | 21:42.8   | 25   | 23:49.3   | 45:32.2 | 45:33,3        | 28:09,2    | 6:48 min/km |

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